



Suggested copy for people with lived experience of police interventions during a mental health crisis

| Image Assets | Twitter | Instagram | LinkedIn |
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| | The @metpoliceuk receives a call about a mental health concern every four minutes. We're calling for increased training to those officers responding to mental health crises #HearMeSpeak | The @metpoliceuk receives a call about a mental health concern every four minutes. We're calling for increased training to those officers responding to mental health crises #HearMeSpeak | Hear Me Speak is a UK-based campaign founded by mental health and anti-racism activist António Ferreira , and supported by youth mental health charity Beyond , that seeks to strengthen legislation, guidance and training around policing within a mental health crisis. Submit your personal experience of police intervention during a mental health crisis here - http://hearmespeak.co.uk/ |
| | Case studies compiled by #HearMeSpeak @antothenio point to a poorly trained police force lacking in empathy when responding to mental health callouts | Case studies compiled by #HearMeSpeak @antonioferreira_mh point to a poorly trained police force lacking in empathy when responding to mental health callouts | Too many people in the midst of a mental health crisis are treated like criminals during a police intervention. Support #hearmespeak and sign the petition for greater training by experts by lived experience https://chng.it/q8FrMD7xXR @Antothenio |
| | Too many people in the midst of a mental health crisis are treated like criminals during a police intervention. Support #HearMeSpeak and sign the petition for greater training by experts by lived experience https://chng.it/q8FrMD7xXR @Antothenio | Too many people in the midst of a mental health crisis are treated like criminals during a police intervention. Support #HearMeSpeak and sign the petition for greater training by experts by lived experience https://chng.it/q8FrMD7xXR @antonioferreira_mh | The Metropolitan Police Service receives a call about a mental health concern every four minutes. They send an officer to respond to a mental health-related call every twelve minutes (Policing and Mental Health) #HearMeSpeak |
| | I've submitted my own experience of police intervention during a mental health to @antonioferreira_mh / @antothenio's #HearMeSpeak campaign to improve training. Submit yours - http://hearmespeak.co.uk/ @policeconduct @PoliceChiefs | I've submitted my own experience of police intervention during a mental health to the #HearMeSpeak campaign by @antonioferreira_mh that calls for updated training informed by lived experience for all forces. Submit yours - http://hearmespeak.co.uk/ @policeconduct @PoliceChiefs | Only a few forces seek the views of people with lived experience and involve lived experience in consultation on the design of future services (Policing and Mental Health) #HearMeSpeak. Get involved and submit your own personal experience of a police intervention during a mental health crisis. |
| | The Metropolitan Police Service receives a call about a mental health concern every four minutes. They send an officer to respond to a mental health-related call every twelve minutes (Policing and Mental Health) #HearMeSpeak @Antothenio | The Metropolitan Police Service receives a call about a mental health concern every four minutes. They send an officer to respond to a mental health-related call every twelve minutes (Policing and Mental Health) #HearMeSpeak @antonioferreira_mh | Having personally experienced the treatment by police of those going through a mental health crisis, @antónio-ferreira-250555182 hopes that through #HearMeSpeak, mental health training for police officers will be shaped from start to end by lived experience. Get involved and sign the |

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| | | | petition - https://www.change.org/p/hear-me-speak?redirect=false |
| | Only a few forces seek the views of people with lived experience and involve lived experience in consultation on the design of future services (@hmcpsi) #HearMeSpeak @Antothenio | Only a few forces seek the views of people with lived experience and involve lived experience in consultation on the design of future services (@hmcpsi) #HearMeSpeak @antonioferreira_mh | "The most embarrassing moment in my life, sitting in the back and feeling like a criminal" - submit your own experience of police intervention during a mental health crisis here http://hearmespeak.co.uk/ and help us to ensure police forces consult experts by lived experience for urgently required mental health training. @antónio-ferreira-250555182 |
| | "I was quickly restrained, handcuffed, and eventually taken to a local hospital to be sectioned" @jonnybejamin MBE. Support #HearMeSpeak and submit your own experiences of police intervention during a mental health crisis @antothenio | | "I was quickly restrained, handcuffed, and eventually taken to a local hospital to be sectioned" @jonny-benjamin-mbe-353684204/ reflects on his experience of police intervention during a mental health crisis. Support #HearMeSpeak and sign the petition to include experts by lived experience in the design of improved mental health training for police forces @iopc @national-police-chiefs%E2%80%8B-council |
| | "The police attended on those occasions and treated me as a suspect of crimes instead of attending to my mental health" @MilkEducation @LotiNambombe Sign the petition - https://www.change.org/p/hear-me-speak?redirect=false #HearMeSpeak | "The police attended on those occasions and treated me as a suspect of crimes instead of attending to my mental health" @Milk_Education @lotinambombe1 Sign the petition - https://www.change.org/p/hear-me-speak?redirect=false #HearMeSpeak | |

Suggested copy if you work for a police body:

| Image Assets | Twitter & Instagram | LinkedIn | Email Comms (please copy in enquiries@antonioferreira.co.uk) |
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| | .@metpoliceuk receives a call about a mental health concern every four minutes. We need increased training for our officers responding to mental health crises. @policeconduct @PoliceChiefs @hmcpsi @MOPACLDn @AssocPCCs @CollegeofPolice @SuellaBraverman @ukhomeoffice, #HearMeSpeak. | I'm supporting Hear Me Speak - a UK-based campaign founded by mental health and anti-racism activist António Ferreira , and supported by youth mental health charity Beyond , that seeks to strengthen legislation, guidance and training around policing within a mental health crisis. We receive a call about a mental health concern every four minutes. We need increased training for our officers responding to mental health crises and | Dear accordingly Independent Office for Police Conduct/ Mayor's Office for Policing And Crime/ The National Police Chiefs' Council / Association of Police and Crime Commissioners/ College of Policing/ Home Secretary/ Home Office, Hear Me Speak is a UK-based campaign founded by António Ferreira and supported by youth mental health charity Beyond that seeks to strengthen |

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| | | <p>we specifically need to hear input from people with lived experience of police interventions during a mental health crisis.</p> <p>Support the campaign and sign the petition here - https://chnng.it/q8FrMD7xXR</p> <p>@Independent Office for Police Conduct, @Mayor's Office for Policing And Crime, @The National Police Chiefs' Council, @Association of Police and Crime Commissioners, @College of Policing, @Home Secretary and @Home Office, #HearMeSpeak</p> <p>#metpolice #police #training #mentalhealthawareness</p> | <p>legislation, guidance and training around policing within a mental health crisis.</p> <p>Having personally experienced the treatment by police of those going through a mental health crisis, António hopes that through Hear Me Speak, this reform will be shaped from start to end by lived experience.</p> <p>The Hear Me Speak campaign invites organisations responsible for providing guidance and training to police forces across the UK to take note of the evidence of the failures of the current approach to policing mental health problems and the urgent need for change.</p> <p>I urge you to connect with António (in copy) and schedule some time to meet and discuss his ambitions.</p> <p>Many thanks,</p> |
| | <p>Case studies compiled by @antohenio highlights the need for a more empathetic approach to police interventions during mental health callouts. Support the petition - https://chnng.it/q8FrMD7xXR @policeconduct @PoliceChiefs @hmcpsi @MOPACLdn @AssocPCCs @CollegeofPolice #HearMeSpeak</p> | | |

Suggested copy for supportive partner organisations:

| Image Assets | Twitter | Instagram | LinkedIn | Email Comms (please copy in enquiries@antonioferrera.co.uk) |
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| | <p>The @metpoliceuk receives a call about a mental health concern every four minutes. We're proud to support @antohenio and his #HearMeSpeak campaign for improved training informed by lived experience @policeconduct @PoliceChiefs @hmcpsi</p> | <p>We support #HearMeSpeak - a UK-based campaign founded by mental health and anti-racism activist @antonioferreira_mh, and supported by youth mental health charity Beyond, that seeks to strengthen legislation, guidance and training around policing within</p> | <p>We support #HearMeSpeak - a UK-based campaign founded by mental health and anti-racism activist António Ferreira, and supported by youth mental health charity Beyond, that seeks to strengthen legislation, guidance and training around policing within a mental health</p> | <p>Dear <delete accordingly> Independent Office for Police Conduct/ Mayor's Office for Policing And Crime/ The National Police Chiefs' Council / Association of Police and Crime Commissioners/ College of Policing/ Home Secretary/ Home Office,</p> |

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| | <p>@MOPACLDn @AssocPCCs @CollegeofPolice</p> | <p>a mental health crisis. The @metpolice_uk receives a call about a mental health concern every four minutes. We need improved training for officers responding to mental health crises that is informed by people with lived experience of police interventions during a mental health crisis.</p> <p>Support the campaign and sign the petition here - https://chnng.it/q8FrMD7xXR</p> | <p>crisis. The @Metropolitan Police receives a call about a mental health concern every four minutes. We support the need for increased mental health training, informed by lived experience.</p> <p>Support the campaign and sign the petition here - https://chnng.it/q8FrMD7xXR</p> <p>@Independent Office for Police Conduct, @Mayor's Office for Policing And Crime, @The National Police Chiefs' Council, @Association of Police and Crime Commissioners, @College of Policing, @Home Secretary and @Home Office, #HearMeSpeak</p> <p>#metpolice #police #training #mentalhealthawareness</p> | <p>Hear Me Speak is a UK-based campaign founded by António Ferreira and supported by youth mental health charity Beyond that seeks to strengthen legislation, guidance and training around policing within a mental health crisis.</p> <p>Having personally experienced the treatment by police of those going through a mental health crisis, António hopes that through Hear Me Speak, this reform will be shaped from start to end by lived experience.</p> <p>The Hear Me Speak campaign invites organisations responsible for providing guidance and training to police forces across the UK to take note of the evidence of the failures of the current approach to policing mental health problems and the urgent need for change.</p> <p>I urge you to connect with António (in copy) and schedule some time to meet and discuss his ambitions.</p> <p>Many thanks,</p> |
| | <p>Case studies compiled by @antohenio highlights the need for a more empathetic approach to police interventions during mental health callouts. Support the petition - https://chnng.it/q8FrMD7xXR @policeconduct @PoliceChiefs @hmcpsi @MOPACLDn @AssocPCCs @CollegeofPolice #HearMeSpeak</p> | | | |